Welcome



to the MACR Sharks





What is the MACR Sharks?

We are excited that you have considered enrolling your child in the MACR Sharks Swim Team. Our goal is to provide a world class learning environment for your child regardless of their age or ability. Every member of the MACR Sharks Swim Team will be given the opportunity to improve swimming skills and achieve success at his or her level of ability, from novice to national competitor.

Through careful planning and appropriate levels of competition the MACR Sharks strive to instill a life-long love of the sport of swimming, maintaining swimmers' interest and future desire to swim at the high school and college level.

History

Competitive Swimming has been an integral part of the YMCA movement both nationally and locally for many years. Competitive Swimming at the Cedar Rapids YMCA can be traced back to its beginnings in the 1940's.

The sport and the teams have undergone many changes and evolutions over the years, but there remains one constant - swimming is a terrific way to deliver the mission of the YMCA.

Philosophy/Mission

The Mission of the MACR Sharks is to provide members an opportunity to realize their potential both in and out of the pool, while displaying the YMCA Core Character values of Caring, Honesty, Respect and Responsibility.

The MACR Sharks are committed to providing all of its members a fun, positive, and successful experience through quality coaching and instruction. The MACR Sharks adheres to the missions and policies of the YMCA, and cooperates fully with state and national governing bodies for the sport of swimming.

Important MACR Sharks Information

Staff

Head Coach:Donald Pirrieiowayswimming@gmail.comtel: 319.573.9294Assistant Coach:Mike Jonesmjones@mountvernon.k12.ia.ustel: 319.929.9242Team Administrator:Paul Brownbrown@crmetroymca.orgtel: 319.366.6421

Facilities

Helen G. Nassif YMCA: 207 7th Avenue SE, Cedar Rapids, IA 52242

MACR Sharks Website and Team Unify

We have a comprehensive website that can answer most, if not all of your questions. Once you've acquired your login you will have complete access to such things as account information, billing, attendance, meet sign-up, the team calendar, team news, team records, team store, links to Iowa YMCA Swimming, USA Swimming and Iowa Swimming, Inc., and much more.

You should receive your login information within 3-5 days after turning in your completed registration and payments. You will receive an e-mail from us through TeamUnify, which will provide instruction on accessing our team website (www.sharksswimming.org). Once logged on, under "My Account" it will be important to make sure all your information is correct.

A few things to remember:

- *Billing:* Billing information will be sent by e-mail to the "Log-in E-mail" only on the first of each month. The MACR Sharks does not prorate for any given month.
- *E-mail and Text:* If you wish to receive general information to other e-mail addresses please add those under your account (Note: Additional e-mail addresses will not receive billing information). You can also choose to receive text alerts (for urgent use only) by adding the cell phone number and carrier under "Add SMS." This comes in handy when last minute practice changes or information must be distributed quickly, such as inclement weather or pool emergencies. In order to complete this process you will need to "verify" all e-mail and cell phone numbers through the system.
- Account Information: In the middle section of the page, it will be important to make sure the "Billing Information", "Guardian Information" and "Emergency Contact/Insurance Information" is complete and accurate.
- Members: At the bottom of the page, you'll find a list of all members on the account (your children or yourself if you are the swimmer). Click on each name and verify all their information is accurate. If you would like your members (your children) to receive team information via text and/or e-mail, this is where you would add their information, again don't forget to verify.
- Attendance: You will be billed monthly and have the opportunity to opt in or out of the program on any given
 month. For this to happen you MUST notify our team administrator Paul Brown (brown@crmetroymca.org) so he
 can place your account on suspended status while you are away. Subsequently, please let us know before you
 return so we can re-activate your account.

Volunteer Work and Club Expectations

As part of the MACR Sharks swimming experience we expect you to volunteer at swim meets that we host from time to time. We generally host between 4 and 6 meets per year and we ask all of our Sharks members to help in different capacities such as lane timing, hospitality coordinators, announcer, or meet timing console operator. We train you for all these positions and prior experience is not required. If you have a specific interest please let us know because we also train parents to become officials, which is an interactive way to help the club and enjoy watching swimming. You will be notified by e-mail when we need your volunteer help. For more information about volunteering please visit our website (under the Parent/Athlete Info tab) or contact the head coach at iowayswimming@gmail.com or 319-573-9294

Group Structure and Advancement

Please see attached flow chart for group advancement and direct questions to Donald Pirrie.

Equipment Requirements

Please be sure to check the website under "Training groups" to learn about each group's required equipment needs. You may order equipment on our website under "Team Store" at a discount.

Competition and Swim Meet Participation

Swim meet participation is not mandatory but highly encouraged for white and blue track groups. Black level groups have certain meet expectations that must be met. Failure to meet expectations may result in a swimmer moving to a different group. You will receive e-mail notifications about upcoming meets. Please be prompt in signing up for them by the posted deadlines because we will not be able to enter you in the meet if you miss the deadlines. Please be aware that deadlines for meets may come up several weeks prior to the actual swim meet.

Use of Training Facilities

Once you get registered with the team you will receive a personal ID from the Membership desk. As a team member and YMCA Member your athlete will have a full access membership to the YMCA. This membership can be used at any of the Cedar Rapids Metro YMCA's and in YMCA facilities across the United States. Please note that if an athlete membership is purchased only the enrolled athlete will be able to participate in YMCA programs and classes.

Thank you for joining the MACR Sharks family and we look forward to your participation and improvement!

MACR Sharks Coaching Staff

MACR Sharks Payment Policy

Payment Options

The MACR Sharks currently accept the following forms of payment:

- Personal check (For ISI/USA Swim Application and Seasonal Fee, Meet Entries)
- Credit card (VISA/MasterCard/Discover for monthly payments)

Checks made out to MACR Sharks and mailed to:

Donald Pirrie 1614 West Mount Vernon Road Mount Vernon, IA 52314

Payment Due Date

Accounts will be billed on the 10th of each month for that month. If you are taking time off, notify us by the 1^{st} day of the month for the month in which you are taking off.

Meet fees are due the month following the event (e.g., if the meet was held in July, meet fees will be due in August).

Late Payment Policy

If you are planning on taking time off and do not notify the team, your account will be billed on the 10th of the month. We are unable to offer a refund for seasonal fees and ISI/USA Swimming Application fees

Meet Entry fees must be paid by the noted date. Swimmers with outstanding meet entry fees will be ineligible to compete in further meets until meet entry fees have been paid.

MACR Sharks Registration Checklist

O Sign and date the Waiver and Release (MACR Sharks USA Waiver – Forms tab on Website
O Complete, sign, and date MACR Sharks Athlete Registration Form
☐ Payment made to HGN YMCA for Seasonal Fee
O Complete, sign, and date USA Swimming Athlete Registration Application Form
☐ Payment for annual/seasonal USA Swimming/ISI fees
O Receive log-in information e-mail and set up family account on the MACR Sharks website (www.sharksswimming.org)
 Ensured all information is complete and accurate. Verified all appropriate e-mail addresses and cell phone numbers. Please notify administration if no log-in e-mail received within 7 days.
O If non-YMCA member, obtain a Membership ID from the HGNY Front Desk.

MACR Sharks

Athlete Registration Form

Ath	lete	Infor	mation

	First Name	M.I.	Preferred Name	
Gender	Date of Birth		Email Address (if applicable)	
Parent/Guardian Informa	ation (Primary Contac	t)		
Name	Relationship to Child			
Home Address	City	State	Zip Code	
Email Address	Work Phone	Cell Phone	Home Phone	
Team Practice Fees				
Fraining Group	Monthly Due	es	Team Transfer Fee (if with another USA team)	
unior White Developmental	□ \$50.00/mon		□ \$5.00 within lowa LSC	
Blue Junior 1	☐ \$50.00/mon	ith/athlete	□ \$10.00 from another LSC	
Blue Junior 2	□ \$55.00/month/athlete			
Blue Senior	□ \$60.00/month/athlete			
Black Junior 1	□ \$70.00/month/athlete			
Black Junior 2	□ \$70.00/month/athlete			
Black Senior	□ \$80.00/month/athlete			
Gold (By Invite Only)	□ \$110.00/month/athlete			
Helen G. Nassif YMCA to deduct the	e monthly dues as noted above.	. You may opt out of any mont	credit card number on file. By signing below you are authorizing the $h(s)$ by contacting the coach in writing/email by the 1^{st} day of the ou on file, someone will contact you for this information.	
Membership Fees	Annual	Seasonal	Monthly	
'MCA Athlete Membership*		or	\$19.50 (+\$15 joiners fee)	
JSA Swimming	\$58.00			
SI Swimming Fees Seasonal Athlete Fee*	□ \$12.00	□ \$40.00		
Seasonal Athlete Fee*	$\square $20.00 (for 2nd/3rd/4th enrolled swimmer)$			
	. USA Swimming Fees (Made p . Sharks Seasonal Fee (Made p		 	
-	ntly enrolled as YMCA Members und n all YMCA's across the United State	•	family YMCA account. YMCA Athlete membership gives your athlete full access	
o all areas of the YMCA both here and i				

USA/ISI and Seasonal Fees should be mailed to Donald Pirrie, 1614 West Mount Vernon Road, Mount Vernon, IA 52314 or dropped off in the Coach Folder on deck. After this has been received we will set you up in the HGN YMCA System for your noted practice group and will set to bill monthly at the monthly practice rate noted above. Please note the USA, ISI and seasonal fees are non-reimbursable fees.

Parent Signature:	Parent Name Printed:	Date: